

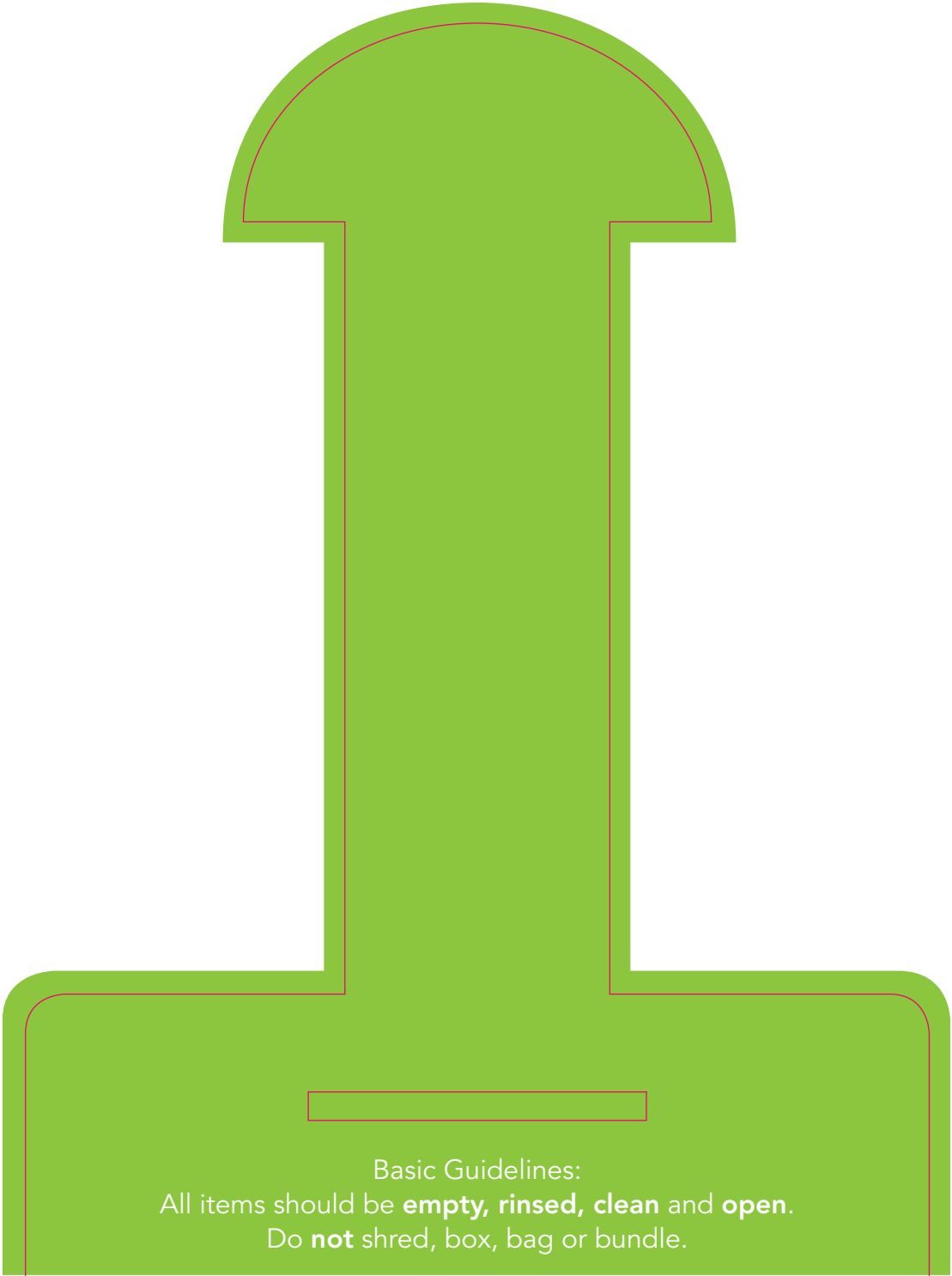


*What's* **IN?**  
*What's* **OUT?**  
A Guide to Recycling



To make recycling easier, Connecticut now has a universal list of what belongs in your recycling bin and what doesn't.





✓  
What's **IN?**

PAPER	Cardboard & boxboard	Magazines & newspaper inserts
	Food & beverage cartons	Newsprint
	Junk mail	Office paper
		Pizza boxes

GLASS	Beverage bottles & jars	Food bottles & jars
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METAL	Aerosol containers (food grade only)	Cans & bottles
		Foil containers
	Aluminum foil	Metal lids from cans & bottles

PLASTIC	Plastic bottles (with or without caps attached)	Plastic one-use cups (no lids, no straws)
	Plastic containers, tubs & lids	

✗  
What's **OUT?**

Gift wrap & gift bags	Shredded paper
Ice cream containers	Take-out food containers
Paper cups (hot & cold)	Tissue paper

Ceramic mugs & plates	Drinking glasses
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Aerosol containers (deodorizers, cleaners, pesticides, etc.)	Paint cans
	Pots & pans
Foil tops from yogurt containers	Small pieces of scrap metal
	Spiral wound containers

Loose bottle caps	Single-use coffee containers
Plastic bags & wrap	Styrofoam cups, containers & packaging peanuts
Plastic plates, bowls & utensils	
Prescription bottles	Water filters