



What's **IN?**
What's **OUT?**
A Guide to Recycling



To make recycling easier, Connecticut now has a universal list of what belongs in your recycling bin and what doesn't.



Organization Name
Street Address
City/Town, CT Zip Code
Phone Number
www.url.com

Basic Guidelines:
 All items should be **empty, rinsed, clean** and **open**.
 Do **not** shred, box, bag or bundle.

✓ **What's IN?**

✗ **What's OUT?**

PAPER	Cardboard & boxboard	Magazines & newspaper inserts	Gift wrap & gift bags	Shredded paper
	Food & beverage cartons	Newsprint	Ice cream containers	Take-out food containers
	Junk mail	Office paper	Paper cups (hot & cold)	Tissue paper
GLASS	Beverage bottles & jars	Food bottles & jars	Ceramic mugs & plates	Drinking glasses
METAL	Aerosol containers (food grade only)	Cans & bottles	Aerosol containers (deodorizers, cleaners, pesticides, etc.)	Paint cans
	Aluminum foil	Foil containers	Foil tops from yogurt containers	Pots & pans
		Metal lids from cans & bottles		Small pieces of scrap metal
PLASTIC	Plastic bottles (with or without caps attached)	Plastic one-use cups (no lids, no straws)	Loose bottle caps	Single-use coffee containers
	Plastic containers, tubs & lids		Plastic bags & wrap	Styrofoam cups, containers & packaging peanuts
			Plastic plates, bowls & utensils	Water filters
			Prescription bottles	